



SOLUTIONS TO POLLUTION

Pollution is one of the biggest challenges threatening our planet. It affects the air we breathe, the food we eat, the water we drink, and the land we live on. That's why we have to reduce it in order to create a cleaner and healthier environment.

First, if you go shopping avoid using plastic bags. Instead, you can use a cloth bag, it's environmentally friendly. Moreover, don't buy frozen food, buy fresh and local food, it's much more healthier

Second, small changes like car pooling, walking, biking, and using public transport more frequently can make a big difference. Just give it a try!

Added to that, I strongly recommend that we choose energy efficient applications, and turn them off at the power point. Also, it's advisable to use clothes lines instead of dryer, and to set up an insulation too.

Finally, be a catalyst. This means you ought to force yourself and encourage friends, at work, at school. You deserve to feel strong and confident while defending your environment.

To crown it all, pollution is not difficult to overcome when faced with determination, and following these above tips will not only make the environment cleaner, but also ensure a better, healthier, and happier lifestyle. So keep in mind that every step we take, even though it sometimes seems small, is an investment to a more joyful tomorrow.

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