



Module 3 Environment & health		Language summary	9 th Formers	Teacher: Mery lam
Lesson :	Grammar & functions	Vocabulary		
(1) Air and land Pollution	Sequencing events : <ul style="list-style-type: none"> Linkers : <ul style="list-style-type: none"> Because → cause e.g: The air is polluted because factories release fumes. So , result in , as a result , therefore , that's why → result, effect , consequence e.g: Pollution is dangerous. Therefore we should keep our environment clean. 	Hole in ozone layer : ozone layer depletion : destruction fumes = smoke : harmful gases released by ars/factories to release : let fall in the air smog : smoke + fog to accumulate (v) = increase acid rain : rain polluted by acid substances inflammable (adj) : catch fire easily e.g : solvents , glues.. Exposure (to noise) : contact with s.th Toxic (adj) = poisonous Contaminated (fish, food..): dirty fish /food (adj) Diseases : sicknesses : lung cancer, heart attack ... Deafness : inability to hear		
(2) Smoking And Health	Expressing possibility : <ul style="list-style-type: none"> May / might / could e.g : -Smokers may suffer from lung cancer - Smoking could damage your health • Smoking might lead to heart attack 	Smoker =/ non-smoker To give up = quit = stop (smoking) To damage = cause harm = ruin = destroy To dump (sewage, waste): empty out into the sea ... Cigarette addict : heavy smoker/ addictive (adj) Prohibited = forbidden = not allowed (smoking) Spray pesticides : chemicals used by farmers to kill insects Nag at s.o : complain , criticize repeatedly Nasty (habit) : unpleasant , bad To disapprove of = disagree with : not to accept Careless (adj) : don't care , indifferent Tooth decay : tooth destruction (n) , destroy (v)		
(3) Pollution A threat to the environment	Relative pronouns <ul style="list-style-type: none"> Who → person e.g: people who / that cut down trees should be punished . Which → things e.g: He inhaled the fumes which / that are toxic That → things / People 	Waste = rubbish = garbage= litter = trash (n) Landfill : place where waste is discharged and buried To discharge = throw away = get rid of (rubbish) Threat (n) = danger , threaten (v) = cause harm Impact = effect (n) , affect (v) Collect = pick up (rubbish) Pure = clean (air) Visible (you can see) =/ invisible (can't see it) Campaign(n/v): activities organized to accomplish a goal. Smoky (adj) fire : causing smoke or fumes To inhale = breathe in (air , smoke ...) The coast (n) : seashore		
(4) Save the Earth	<ul style="list-style-type: none"> Giving advice : e.g: We shouldn't cut down trees. We should/ought to plant trees. Obligation : e.g: We must punish the offenders Prohibition : e.g: Don't cut down trees; You mustn't hunt wild animals. 	Prohibit logging = forbid = ban cutting down trees To prevent : stop , avoid Offender: person who breaks the law Creatures : living things (animals, humans) Hunter: person who kills animals for food / money... To regret : feel sorry , wish you had not done something Jumbo jet : plane Go on a diet : eat less to lose weight Endangered species : animals in danger of extinction (death) Habitat : environment in which animals live To save = protect = preserve Earth = planet		
(5) Let's everyday be an earth day	Compound nouns: <ul style="list-style-type: none"> Noun + noun : earth day Noun + er noun: football player Gerund + noun: eating habits Noun + gerund : wind surfing 	Litter bins : garbage cans Organic food: natural , produced with no pesticides Eat sparingly : eat in very small quantity Eat generously : without limits , a lot Fatty, Sugary, Salty (adj): food contains a lot of: fat, sugar , salt. Crunchy: make noise when you eat it (e.g : chips) Legumes : vegetables To recycle: treat waste and reuse it again Tasteless (food) : has no flavour		





Writing hints & topics :

1/ Smoking :

Smoking is bad for health. Millions of people smoke. Some are cigarette addicts while others have just started smoking. Smokers tend to die younger than non-smokers. They may also catch diseases such as lung cancer and asthma. The nicotine in tobacco is addictive. That means that when you start smoking, you won't be able to give it up easily. In addition, smoking may cause breathing problems. For these reasons, it's better not to start smoking. If you have already started smoking, try to stop before it will be too late.

To quit this nasty habit, it's necessary to have the desire to give it up. You should avoid stress and keep yourself busy. Try also to practise sports to keep fit and healthy.

2/ Pollution : effects and solutions

A/ Pollution has become a serious threat to the environment. The air we breathe, the water we drink and the land we live on are all polluted. People cause pollution. They throw rubbish everywhere. Factories and vehicles (cars...) release fumes into the air. Ships and tanks spill oil into the sea.

The effects of pollution on the environment are catastrophic. In fact, serious diseases have become very common nowadays such as cancer and heart diseases. Animal species have become extinct. Added to that, the forests which provide us with oxygen are destroyed because of logging and forests fire.

If we don't react urgently, our survival on the earth will be at risk. The first step to avoid this problem is to sensitize people about the dangers of pollution. The second thing to be done is to punish those who don't react positively and continue polluting the environment. Besides, let's use solar energy instead of fuels. Planting trees, getting rid of rubbish properly and saving wild animals and nature are other significant solutions to this threat.

B / I have noticed that many offenders kill birds and animals illegally. They forget that **wild life** with its diversities is part of our environment that we should preserve. Wild life is very important in the balance of nature. Yet, thousands of animals are killed every day. Millions of trees are cut and more other thousands of sea species are fished. Unless we react urgently, the Earth will become a large desert within hundreds of years. Nothing is more beautiful than the sight of green trees, animals and birds in the forest. So, let's work together to protect endangered species from extinction by prohibiting overhunting and punishing the offenders. It's high time we cooperated for the benefit of our nature and environment.

3 / To stay healthy :

To keep fit and stay healthy we should follow some advice. **First**, we should have a balanced diet. That means, we should eat less fatty and sugary food. Instead, we should eat organic food , fresh fruit and vegetables. **Second** , we should practise sports every day. Doctors usually advise people to go jogging or running daily. **Finally**, we have to avoid smoking because it's addictive and harmful to our health.



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